10 First Steps

Toward a Lighter, more Sustainable Lifestyle.

- Make the switch to Compact Fluorescent Lightbulbs.
- Monitor your thermostat.
- Clean or replace your air conditioning filter.
- Unplug idle appliances and electronic devices.
- Carry a reusable bag when you do your shopping.
- Buy a low-flow shower head with a shut-off valve.
- Get an annual tune-up for your car.
- Dust-off that bike.
- Go meatless once a week.
- Buy local; buy in season.

Happy Holidays!

JANUARY	FEBRUARY	MARCH	APRIL
SMTWTFS	SMTWTFS	SMTWTFS	SMTWTFS
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